Personal Trainer

Pretty Ricky

Move, move, move, moveWork it out now, work it out now

Work it out now, work it out now

Work it out now, work it out now

Work it out now, work it out nowIf you want thighs like Serena, ass like Trina

Waist like Christina, I'll be your personal trainer

Personal trainer, your personal trainer

Personal trainer, your personal trainerHead, shoulders, knees, toes

Head, shoulders, knees, toes

Head, shoulders, knees, toes

Head, shoulders, knees, toesGirl squeeze that muscle, muscle

Work that muscle, muscle

You know what muscle, muscle

That pussy muscle, muscleI'ma keep you wet

Drippin' drippin' wet

Make you sweat

Make you, make you sweatPush it in, push it out

Work it up, slide it down

Grab that bar and we set for heels

Climb up on this treadmillKeep it nice and tight

Ride it like a mountain bike

Just two more minutes

Just two more minutesGirl squeeze that muscle, muscle

Work that muscle, muscle

You know what muscle, muscle

That pussy muscle, muscleYou want to get you a balla girl

You gotta look like a model girl

It's so erotic girl

If you work out hardYou can push it in, out

In, out

Push it in, out

In, outLet me see you touch them toes

Touch them, touch them toes

Let me see you touch them toes

Touch them, touch them toesGirl, work that body, body

Girl, let me see you work that body

Work that body, body

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Head, shoulders, knees, toesGirl squeeze that muscle, muscle

Work that muscle, muscle

You know what muscle, muscle

That pussy muscle, muscleYeah, head, shoulders, knees, toes

I wanna see you sweat out your clothes

Jumpin' jacks in Speedos

Girl, [Incomprehensible]Squat, squat, squat

Give me 30 squats, 39

Squat, squat, squat

Give me 30 squatsPay attention girl you goin' learn, I'ma make it nice and firm

Make it burn like a bad perm, go ahead girl it's you turn

Now bop bop bop, get it, bop bop bop, get it

Bop bop bop, get it, bop bop bop bop bop get itlf you want thighs like Serena, ass like Trina

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