

# Alive and Well

## Rise Against

Nows the time to rearrange your life  
Live for something outside of your own mind  
We all dream the same dream every night  
To burn the world that you call civilized  
Alive and well, I live to be alive  
And I live to always strive, for something more  
Alive and well, I'll never understand  
The who, what, why or when of you tonight  
We face the stares of judgment and almost everyday  
The shaking heads of disapproval say  
Pray for you to give me something  
Then find out that there was nothing else  
Alive and well, I live to be alive  
And I live to always strive, for something more  
To be alive and well, I'll never understand  
The who, what, why or when of you tonight  
Recite the words inside  
Realize that this is nothing without your voice  
I'm not giving up, I'm not giving up, not giving up Lord  
And I'll blame the worst on you, I know what's wrong  
Alive and well, I live to be alive  
And I live to always strive for something more  
'Cause I'm alive and well, nothing ventured, nothing gained  
And I don't need to explain myself to you, myself to you

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