

# Zombies Are Good For Your Health

## Poison the Well

This morning when I awoke from the cushioned coils  
Eyes pouring their little hearts, it didn't feel normal  
Waking here religiously  
Thinking the same black thoughts As always you were'nt lying next to me  
With that smirk on your face right then  
Were you giving me the images constantly flickering  
I'll take the advice passed down I see you on your side, bad luck  
I see you on your side, bad luck Starlit nights when I awoke from the cushioned coils  
Eyes pouring their little hearts, it didn't feel normal  
Nightmares stalk reality  
Thinking the same black thoughts This is the last time  
I'll be confused or compromise my emotions

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