Better Have Burn Heal

Free Throw

I'm stuck inside a body that I don't like

Sometimes I try at night to turn out all the lights

and pretend that I am in the shape to fight

Every weight that's caving in on my body and mind alike

and i want (such)? trying to make things better for myself for my hellShould I feel like someone else and that's

not right

I'm not alright, this isn't right, I'm not alright
I've caught myself avoiding mirrors like the plague
I try to write down some self praise, but I can't even fill the page
I feel afraid, feel alone, feel like a captive in my own bones and I need outBut I'm so in doubt
I've caught myself avoiding mirrors like the plague
I try to write down some self praise, but I can't even fill the page
I feel afraid, feel alone, feel like a captive in my own bones and I need out
But I'm so in doubtI'm trying everything I can to help

I just want to love myself
I just want to love myself
I'm hurting more than any one can tell
I just want to love myself
I just want to love myself
I want to love myself

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

Lyrics provided by https://damnlyrics.com/