Rhythm and Blues

M People

Hard to imagine the blood that's runnin' through the veins

Nothin but trouble, inside of me liberty in chains

Born to a nation, the children and their innocence

An idiot wind blows through this land

Dear Lord give me strengthBreakin out of the skin, need some rhythm and blues

Coming deep from within, its those rhythm and blues

Breakin out of the skin, need some rhythm and blues

Coming deep from within, its those rhythm and bluesDown in the ghetto, marking time with self-belief

Babylon voices, square-eyed dreams of dignity

Feeling the pressure, searching for another place

Lift up our voices, use our minds we will be releasedBreakin out of the skin, need some rhythm and blues

Coming deep from within, its those rhythm and blues

Breakin out of the skin, need some rhythm and blues

Coming deep from within, its those rhythm and bluesRhythm come from within

Breaking out deep from withinThe sunshine in our eyes, my skin in a different disguise

The sunshine in our eyes, my skin in a different disguise

The sunshine in our eyes, my skin in a different disguise

The sunshine in our eyes, my skin in a different disguiseBreakin out of the skin, need some rhythm and blues

Coming deep from within, its those rhythm and blues

Breakin out of the skin, need some rhythm and blues

Coming deep from within, its those rhythm and bluesMy rhythm and blues

My rhythm and blues

Feel it deep within my skin

My rhythm and blues

Feel it deep within my skinMy rhythm and blues

My rhythm and blues

My rhythm and blues

My rhythm and blues

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