explanations

Samadhi

Iâ€™m not feeling so well lately
Lying to myself just wait and see
Time of the month so go on blame it all on that
But one week later surprise surprise
Nothing to detect, tears in my eyes
No reason why I feel so damn depressed
So shrink tell me whatâ€™s going on
I hate myself so bad, just canâ€™t hold on
The feeling that Iâ€™m locked inside myself

But Sally girl, come on, donâ€™t be sad, yeah, just be strong
Donâ€™t see black or white, but see things more in grey
But I need explanations and some fitting solutions
Cause, I am turning in a stranger more and more yeah
I need explanations and some fitting solutions
'Cause, my emotions make me feel so insecure

Iâ€™m not being myself lately, so I try to act more naturally
But that story wasnâ€™t planned for me
And instead of that I get more upset
Bad thoughts are spinninâ€™ in my head
Donâ€™t say blame it all on puberty

But I need explanations and some fitting solutions
Cause, I am turning in a stranger more and more yeah
I need explanations and some fitting solutions
'Cause, my emotions make me feel so insecure

But donâ€™t fake it embrace it cause itâ€™s just the way you are
Just wait, meditate, and in the end youâ€™ll bring it far

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