The Chase, Pt. II

A Tribe Called Quest

I'm 'bout to wreck ya body and say turn the party out

I'm 'bout to wreck ya body and say turn the party out

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I'm 'bout to wreck ya body and say turn the party out

I'm 'bout to wreck ya body and say turn the party outThem can't touch me, no, them can't touch me

Them can't hold me, no, them can't hold me

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Them can't hold me, no, them can't hold meDamn, Phife, you got fat, yeah, I know it looks pathetic

Ali Shaheed Muhammad got me doing calisthenics

Needless to say, boy, I'm bad to the bone

Making love to my mic like Jarobi on the phoneBut um, no time for jokes, what? There's bills to be paid, what?

Hoes to be laid, what? Punks to be sprayed, what?

Chumps to attack, so my man, watch your back

'93 means skills are a must, so never lack, uhSit back and learn, come now, watch the birdie

Your styles are incomplete, same as Vinny Testaverde

Battlin', whenever hot damn

Give me the microphone bwoy, one time, bamKeep it on the corner c'uz here comes the heat

Lyrically it stays, the jazz will pace the beat

As we proceed to elevate you, we in fo-fo

Run and tell your dad the abstract's the bagAs we proceed to move your high parts, we know who has ass

Poets got the gimmicks but they lack the sassafras

To make the average hardrock and cock the glock

And roam the city streets on the jury, they hot I be ingredients like sugar and candy

If your life is broke, girl I'll be the handy-dandy

That commends you, my fee is a shower

For you, I'll scrub your back and I'll soap the butt-crackMake you shiny, spiffy in a jiff

Fuckin' with the ab, you got the greatest of gifts

Yo, my mic is sounding bug, bob power, you there? Yeah

Adjust the bass and treble make my shit sound clearI'm 'bout to wreck ya body and say turn the party out

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I'm 'bout to wreck ya body and say turn the party outWhoop, back yourself man, come, watch me drop it

For showing me I could do it, for showing me I can rock it

Me not deal wit no changaram, bangaram business

I got soul on a hymn, like Jehovah's got the witnessMusically, the three, poetically be me

We in jammin' on the airwaves, kids just rave

Obey the MC's 'cuz the MC's say

We flippin' more niggaz like we Super DaveBut noticin' my stature, y'all niggaz know we gotcha Movin' to the rapture, listen how we catch ya

Movin' with the grace, here we go, let's begin

Will the grace, here we go, let's begin

Makin' people jump out their goddamn skinLyrically, we bite like we Rin Tin Tin

Peace to grand pu and his many, many skins

Don't mark with the arrow 'cuz we know we get the wins

It's the Ab Shaheed and the dawg for the blendAnd I wanna say peace to my man

Rob P, my man Jerod and

Skeff Anslem on the help out and we out like shout

Nine-tre, oh, oh, oh, oh, ohI don't wanna say nine-tre

'Cause my man extra P said don't say the years

So, it's for eternity, know what I'm sayin?

Rock, rock on, everybody in Queens, rock, rock on Everybody in Brooklyn, rock, rock on

Money earnin' Mt. Vernon, rock, rock on

Everybody in Jersey, rock, rock on

Everybody in Philly rock, rock on Everybody in Houston, rock, rock on

Everybody L.A., rock, rock on

Everybody in the sand, rock, rock on

Everybody in Egypt, rock, rock on Everybody Nigeria, rock, rock on

Everybody in London, rock, rock on

Everybody in Sweden, rock, rock on

Everybody in beware, rock, rock on To the niggaz on the famous, rock, rock on

Everybody no name, rock, rock on

To the kids at nu-clear, rock, rock on

The cave rock, rock on

 $Mcdonald's, rock\ rock\ on This\ concludes\ midnight\ [Incomprehensible]\ program$

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