## Help

## **Howie Day**

I need somebody not just anybody, help You know I need someoneWhen I was younger, so much younger than today I never needed anybody's help in any way

And now these days are gone I'm not so self assured

Now I find I've changed my mind, I've opened up the doorsHelp me if you can, I'm feeling down

And I do appreciate you being 'round

Help me get my feet back on the ground

Won't you please, please help meAnd now my life has changed in oh, so many ways

My independence seems to vanish in the haze

But every now and then I feel so insecure

I know that I just need you like I've never done beforeHelp me if you can, I'm feeling down

And I do appreciate you being 'round

Help me get my feet back on the ground

Won't you please, please help me, help meWhen I was younger, so much younger than today

I never needed anybody's help in any way

And now these days are gone I'm not so self assured

Now I find I've changed my mind I've opened up the doorsHelp me if you can, I'm feeling down

And I do appreciate you being 'round

Help me get my feet back on the ground

Won't you please, please help me, help me

Won't you please, please help me, help me

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