Help Yourself

Joan Armatrading

If you're gonna do it, do it right
Don't leave it overnight
If you're gonna help me help me now
Another ten minutes will be too lateLike a crying child I need comfort now
Don't pick me up when the tears are dry on my face
I need someone to help me but not you, you're not ready
Seems you have trouble helping yourselfIt takes time to notice
But you don't seem to know time keeps moving
What you're doing is wasting my time
You would help me more
Help me more if you helped yourselfHelp yourself, help yourselfYou wanna get yourself together
Don't you wanna put yourself to right
I said, "Get yourself together
Don't you wanna put yourself to right"I said, "No, don't apologize you've done your best"
Seems it still ain't right leave me alone
No more to be said
To get it right, you got to do it yourselfI'm going out to help myself
Help myself, help myself
I'm going out to help myself
Help myself, help myselfIf you're gonna say it, say it now
Don't leave it overnight
If you're gonna hold me, hold me tight
I don't wanna leave not if it seems all right
Like a crying child I need comfort now
Don't pick me up when the tears are dry on my faceYou've got to govern the situation
Nut not you, you're no
And anyway, hold up, hold up, hold up
You're trying to sort out your mindYou've got to get it together
You've got to get it together
It would help me more
Help more if you helped yourself

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