

# Help Yourself

Joan Armatrading

If you're gonna do it, do it right  
Don't leave it overnight  
If you're gonna help me help me now  
Another ten minutes will be too late  
Like a crying child I need comfort now  
Don't pick me up when the tears are dry on my face  
I need someone to help me but not you, you're not ready  
Seems you have trouble helping yourself  
It takes time to notice  
But you don't seem to know time keeps moving  
What you're doing is wasting my time  
You would help me more  
Help me more if you helped yourself  
Help yourself, help yourself  
You wanna get yourself together  
Don't you wanna put yourself to right  
I said, "Get yourself together  
Don't you wanna put yourself to right"  
I said, "No, don't apologize you've done your best"  
Seems it still ain't right  
Leave me alone  
No more to be said  
To get it right, you got to do it yourself  
I'm going out to help myself  
Help myself, help myself  
I'm going out to help myself  
Help myself, help myself  
If you're gonna say it, say it now  
Don't leave it overnight  
If you're gonna hold me, hold me tight  
I don't wanna leave not if it seems all right  
Like a crying child I need comfort now  
Don't pick me up when the tears are dry on my face  
You've got to govern the situation  
Not not you, you're no  
And anyway, hold up, hold up, hold up  
You're trying to sort out your mind  
You've got to get it together  
You've got to get it together  
It would help me more  
Help more if you helped yourself

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