Breathe (2AM)

Anna Nalick

2 AM and she calls me 'cause I'm still awake

"Can you help me unravel my latest mistake?

I don't love him, winter just wasn't my season"Yeah we walk through the doors, so accusing their eyes Like they have any right at all to criticize

Hypocrites, you're all here for the very same reasonAnd 'cause you can't jump the track,

We're like cars on a cable

And life's like an hourglass, glued to the table

No one can find the rewind button, girl

So cradle your head in your hands And breathe, just breathe

Oh breathe, just breatheIn May he turned 21 on the base at Fort Bliss

"Just a day," he said down to the flask in his fist

"Ain't been sober, since maybe October of last year"Here in town you can tell he's been down for a while

But, my God, it's so beautiful when the boy smiles

Wanna hold him, maybe I'll just sing about it'Cause you can't jump the track

We're like cars on a cable

And life's like an hourglass, glued to the table

No one can find the rewind button, boys

So cradle your head in your hands And breathe, just breathe

Oh breathe, just breatheThere's a light at each end of this tunnel

You shout 'cause you're just as far in as you'll ever be out

And these mistakes you've made, you'll just make them again

If you only try turning around AM and I'm still awake, writing a song

If I get it all down on paper, it's no longer

Inside of me threatening the life it belongs to And I feel like I'm naked in front of the crowd

'Cause these words are my diary, screaming out loud

And I know that you'll use them however you want toBut you can't jump the track

We're like cars on a cable

And life's like an hourglass, glued to the table

No one can find the rewind button now

Sing it if you understandAnd breathe, just breathe

Oh breathe, just breathe

Oh breathe, just breathe

Oh breathe, just breathe

Songwriters

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