Appalachian Soul

Leftover Salmon

Mountains are fallin
Getting pushed aside
I can't walk by that stream
That used to run off cool & wide
Seems it's all been covered up now
That old mountain side
Where their looking for old black coal
Thought my kids found a way
To work in these mountain towns
When they took jobs down in the mines underground
And now the jobs and the money and the mountainside are all gone
And it just takes one machine
To tear a mountain down

Well you can tear out a mountain
Try to wash it down below
But you can't take the heart out of this
Appalachian, Appalachian soul
Oh this Appalachian, Appalachian soul

You know it's too quiet around here anymore
There's nothing but those coal trucks rolling down
Ghosts in the storefront
Everybody's left town
Goin off to some bright light big city to get a little cash to carry around
But I know someday they'll be comin home to this old mountain town

Well you can tear out a mountain
Try to wash it down below
But you can't take the heart out of this
Appalachian, Appalachian soul
Oh this Appalachian, Appalachian soul

I love West Viginia, old Carolina & Tennessee
That sweet mountains
Boys they've been home sweet home to me
When I see them tear em down it's just too damn hard to believe
It's just for that old black coal
Wish I could walk beside that mountain stream once more
But once it's gone

It's gone for evermore
So I'm gonna head back home
Gonna speak my mind
Gonna let em take no more
Cause you can't tear out a mountain when a mountain's in your soul

Well you can tear out a mountain
Try to wash it down below
But you can't take the heart out of this
Appalachian, Appalachian soul
Oh this Appalachian, Appalachian soul

Lyrics Submitted by Chris Fleming

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