

Stay Young

Steve Smyth

Nothing to lose is a path you can choose and it feels just right at the time.

Then one day you awake with a fear you can't shake,
you're an actor forgetting your lines.

You were a star when you started,
so bright eyed and ready but now you just can't seem to shine.

Nothing to lose is a path that you choose and it feels just right at the time.

But can you still remember your very first kiss
or the future you hoped for when we were still kids?

Stay young, stay young.

There are constants like gravity, heartbreak and shame,
you can never out-run them,

they're part of your name like lessons you learn from a past you can't change,
stay young, stay young for a lifetime of paying dues and ruthless reviews,

yeah it's hard not to end up a cynic
when everyone's too scared to walk in your shoes
but can work up the nerve to be critics.

Oh, can you still remember your very first kiss
or the future you hoped for when we were still kids?

Stay young, stay young - no, don't lose you heart.

Don't lose your soul. Don't give up control.

It's the business end of a loaded gun, facing tomorrows of black,
useless lungs with nothing but lies left on tips of our tongues,
stay young, stay young! Oh can you still remember your very first kiss

or the future you hoped for when we were still kids
trying to keep up our innocence in this fucked up world?

Stay young, stay young, stay young

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