Are You Low?

O.A.R.

Are you low?
Are you low?
Take it slow
Tried to live high ended up so lowCan't believe this is real, somethings got to change
Got to live my life, but I love to be strange
Don't wanna be wrapped up in a typical package
Ran away but couldn't find my way back
Now I'm low
I feel lowStuck in between, it's hard to explain
Why every new beginning feels exactly the same
And so I drink, drink still I am famished
I want to go the distance but never quite finishNow I'm low
I feel low
Take it slow
Try to live high and you end up lowSo here I reside in the middle of pride
In the middle of the night I lost my ride
And in a blink, blink everyone vanished
I know your vision understands my condition
Now I'm low
Are you low?
Take it slow
Tried to live high, but I lost control
Now I'm low
Are you low?
Take it slow
Got to slow it down
And regain controlPain might take you away from where you wanted to be
I'm drawing the line
Somewhere down below
And then I'm gonna rise up
Make my way back into the line up
Oh, must let it go
If the one-drop undertow tells you so
Are you low?
(Or are you waiting?)
Are you low?
(While the sun is fading)
Down below
(Why are you waiting?)

You know you can't live high if you can't live low
If you can't live low
Are you low?
(Or are you waiting?)
Are you low?
(While the sun is fading)
Take me slow
(Why are you waiting?)
I know you want to be high, but you must be low
Are you low?
(Or are you waiting?)
Are you low?
(While the sun is fading)
(Why are you waiting?)
If you want to be high
You've got to live low

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