

Are You Low?

O.A.R.

Are you low?

Are you low?

Take it slow

Tried to live high ended up so low Can't believe this is real, somethings got to change

Got to live my life, but I love to be strange

Don't wanna be wrapped up in a typical package

Ran away but couldn't find my way back

Now I'm low

I feel low Stuck in between, it's hard to explain

Why every new beginning feels exactly the same

And so I drink, drink still I am famished

I want to go the distance but never quite finish Now I'm low

I feel low

Take it slow

Try to live high and you end up low So here I reside in the middle of pride

In the middle of the night I lost my ride

And in a blink, blink everyone vanished

I know your vision understands my condition

Now I'm low

Are you low?

Take it slow

Tried to live high, but I lost control

Now I'm low

Are you low?

Take it slow

Got to slow it down

And regain control Pain might take you away from where you wanted to be

I'm drawing the line

Somewhere down below

And then I'm gonna rise up

Make my way back into the line up

Oh, must let it go

If the one-drop undertow tells you so

Are you low?

(Or are you waiting?)

Are you low?

(While the sun is fading)

Down below

(Why are you waiting?)

You know you can't live high if you can't live low
If you can't live low
Are you low?
(Or are you waiting?)
Are you low?
(While the sun is fading)
Take me slow
(Why are you waiting?)
I know you want to be high, but you must be low
Are you low?
(Or are you waiting?)
Are you low?
(While the sun is fading)
(Why are you waiting?)
If you want to be high
You've got to live low

Songwriters

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