Down

Seether

Well you can take back all the smiles
I realize that you choke me out

As you fill my body with doubt

Save all that's mine

You feel like you can push me round

And rub my face in the groundWith every lesson that you feel is mine

You've got to throw it all upon me

Why'd you have to put me down?

And every breath you take is killing mine

You can't just throw it all upon me

Why'd you have to put me down? Wish I could take back all that's mine

I realize now I'm so run down

But I know I'll figure it out

Please stay awhile

I really think I need this more than I have ever impliedWith every lesson that you feel is mine

You've got to throw it all upon me

Why'd you have to put me down?

And every breath you take is killing mine

You can't just throw it all upon me

Why'd you have to put me down? I guess I'm just another distraction

But who can blame me for wanting it more? With every lesson that you feel is mine

You've got to throw it all upon me

Why'd you have to put me down?

And every breath you take is killing mine

You can't just throw it all upon me

Why'd you have to put me down? And every inch you take is suicide

Why'd you fuckin' doubt me?

Why'd you have to put me down?

And every breath you take is killing mine

Why'd you fuckin' doubt me?

Why'd you have to put me down?

Songwriters

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