

# Blessed

## Up Dharma Down

I welcome the sun,  
the clouds and rain,  
the wind that sweeps the sky clean  
and lets the sun shine again.  
this is the most magnificent life has ever been.  
here is heaven and earth  
and the brilliant sky in between.

blessed is this life  
and I'm gonna celebrate being alive.  
blessed is this life  
and I'm gonna celebrate being alive

I dwell in the darkness  
I let in the light  
I sleep in the afternoon  
and become the noise in the night  
I trespass in temptation  
suffered in sacrifice  
but I awake each day with a new sunrise

blessed is this life, oh  
and I'm gonna celebrate being alive  
blessed is this life, oh  
and I'm gonna celebrate being alive

---

Lyrics provided by  
<https://damnlyrics.com/>