Fitter Happier

Silent Gray

Fitter, happier, more productive
Comfortable, not drinking too much
Regular exercise at the gym 3 days a week
Getting on better with your associate employee contemporariesAt ease, eating well
No more microwave dinners and saturated fats
A patient better driver, a safer car, baby smiling in back seat
Sleeping well, no bad dreams, no paranoia
Careful to all animals, never washing spiders down the plugholeKeep in contact with old friends, enjoy a drink now and then
Will frequently check credit at Moral Bank hole in wall
Favors for favors, fond but not in love
Charity, standing orders, on Sundays ring road supermarketNo killing moths or putting boiling water on the ants
Car wash also on Sundays
No longer afraid of the dark or midday shadows
Nothing so ridiculously teenage and desperate
Nothing so childishAt a better pace, slower and more calculated
No chance of escape, now self-employed
Concerned but powerless
An empowered and informed member of societyPragmatism, not idealism
Will not cry in public
Less chance of illness
Tires that grip in the wet
Shot of baby strapped in back seat
A good memoryStill cries at a good film
Still kisses with saliva
No longer empty and frantic
Like a cat tied to a stick
That's driven into frozen winter shitThe ability to laugh at weakness
Calm, fitter, healthier and more productive
A pig in a cage on antibiotics

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