Suffer In Silence

Susan Aglukark

Heart in a bottle
High on a shelf
Fragile, but just out of reach
Cause you build a fortress
With the distance you keep
But when your heart aches
Doesn't it cut deep?You don't have to suffer
Suffer in silence
You don't have to suffer
Suffer in silenceDon't you know that your
Heart can feel like an anchor
When you keep it all inside
No no, don't suffer in silenceWithered in sadness
And hurting inside
But feeling afraid to impose
So you're an island
But you don't have to be
Cause if you're inclined
You can talk to meBut you don't have to suffer
Suffer in silence
You don't have to suffer
Suffer in silence
Oh I know that the pain can seem like an ocean
But I'm just a word away
No no, don't suffer in silenceI'll be your shelter, I'll be your retreat
I'll be your shield against the wind
So, if you need a shoulder for the tears that you keep
Let em come down
Let it rain on meCause you don't have to suffer
Suffer in silence
You should never have to suffer
Suffer in silence
Oh, I will hear when you're calling
Like a voice above the storm
No no, don't suffer in silenceYou don't have to suffer
Suffer in silence
You don't have to suffer
Suffer in silence
Don't you know that your

Heart can feel like an anchor
When you keep it all inside
No no, don't suffer in silence

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