

# Suffer In Silence

[Susan Aglukark](#)

Heart in a bottle  
High on a shelf  
Fragile, but just out of reach  
Cause you build a fortress  
With the distance you keep  
But when your heart aches  
Doesn't it cut deep? You don't have to suffer  
Suffer in silence  
You don't have to suffer  
Suffer in silence Don't you know that your  
Heart can feel like an anchor  
When you keep it all inside  
No no, don't suffer in silence Withered in sadness  
And hurting inside  
But feeling afraid to impose  
So you're an island  
But you don't have to be  
Cause if you're inclined  
You can talk to me But you don't have to suffer  
Suffer in silence  
You don't have to suffer  
Suffer in silence  
Oh I know that the pain can seem like an ocean  
But I'm just a word away  
No no, don't suffer in silence I'll be your shelter, I'll be your retreat  
I'll be your shield against the wind  
So, if you need a shoulder for the tears that you keep  
Let em come down  
Let it rain on me Cause you don't have to suffer  
Suffer in silence  
You should never have to suffer  
Suffer in silence  
Oh, I will hear when you're calling  
Like a voice above the storm  
No no, don't suffer in silence You don't have to suffer  
Suffer in silence  
You don't have to suffer  
Suffer in silence  
Don't you know that your

Heart can feel like an anchor  
When you keep it all inside  
No no, don't suffer in silence

Songwriters

KIRKPATRICK, WAYNE / SPRAGUE, BILLY LUZPublished by

Lyrics © Universal Music Publishing Group Song Discussions is protected by U.S. Patent 9401941. Other  
patents pending.

Lyrics provided by  
<https://damnlyrics.com/>