

Stride (Jump On the Fizzy) [feat. No Secrets]

[Aaron Carter](#)

Here we go
Here we go The name is AC and I'm here to make it hot
I step into a room you can hear a pin drop
Now I know you know, I rocked a lot of tunes
Rhyme so high, I fly ya to the moon Don't try to take me out, I'm the one who beat Shaq
Said come and get it and told you where it's at
9 O'clock on the dot, I partied down the block
I get my crew together and I make a pit stop Grab Kara, then Sara
Lisa, Mandy, and Tara
I got Jenni then Jessie
Now were all chillin', jump on the fizzy Aint nothing gonna break my stride
You know we're gonna hold it down
Well, were gonna keep it movin Aint nothing but a lot of good time
Yeah, were gonna shout it loud
Well, were gonna keep it movin Jump on the fizzy
Jump on the fizzy So listen up check it out 'cuz this is kinda phat
No I ain't crazy I'm an animaniac
Bustin' rhymes like Leanne, can you kick it, yes I can
Ain't no fanatic, I'm just a big fan Take your left hand, right hand, raise 'em to the sky
Take one step back and one to the side
11 O'clock on the dot the party's getting hot
All the girls on the floor hear my beat drop Yo Kara and Sara
Lisa, Mandy, and Tara
Yo Jenni and Jessie
We're all chillin', jump on the fizzy Aint nothing gonna break my stride
You know we're gonna hold it down
Well, were gonna keep it movin Aint nothing but a lot of good time
Yeah, were gonna shout it loud
Well, were gonna keep it movin Put your hands up, jump on the fizzy
Put your hands high, jump on the fizzy
Well beat is crackin' loud
And we're bouncin' with the crowd Put your hands up, jump on the fizzy
Put your hands high, jump on the fizzy
Ya know we're goin', we're goin' on strong
DJ put a little guitar in my soul Jump on the fizzy, here we go
Put 'em up Aint nothing gonna break my stride
You know we're gonna hold it down
Well, were gonna keep it movin Aint nothing but a lot of good time
Yeah, were gonna shout it loud

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Yeah, were gonna shout it loud
Well, were gonna keep it movin

Songwriters

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