

# Loathe

## Continents

I can't deny it, I fucking like it  
It brings on confidence and courage that I lost  
I turn into it, it helps me through it  
Until I lie awake and contemplate it all  
You can't break me  
Taking hold of it all  
I've finally gone straight down  
I can't deny it, I lie and loathe  
I've finally gone straight down  
I can't deny it, I lie and loathe  
I know I hate you, I can't escape you  
You bring me emptiness and nothing I've become  
I can't resist it, I wouldn't miss it  
It's finally coming out, the darkness and the cold  
You can't break me  
Taking hold of it all  
I've finally gone straight down  
  
I can't deny it, I lie and loathe  
I've finally gone straight down  
I can't deny it, I lie and loathe  
Loathe, you fucking loathe  
You fucking loathe  
Loathe, you fucking loathe  
You fucking loathe  
You fucking loathe  
Loathe  
I've finally gone straight down  
I can't deny it, I lie and loathe  
I've finally gone straight down  
I can't deny it, I lie and loathe  
You fucking loathe  
You fucking loathe  
You fucking loathe

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