

# Depression And Anguish

## Suicidal Tendencies

Travels through my veins, poisoning my soul  
Makes me hate myself, makes my anger blow  
Suffocates the hope, eats away my will  
Traps in all the hate, depression And I dont wanna feel this way, but I cant stop it at all  
And I dont wanna hurt no more, but I cant stop it at all  
And I dont wanna lie here numb, but I cant stop it at all  
And I dont wanna have to give in, but I cant stop it at all Depression, its got me, I fought it, it whipped me  
Depression and anguish, the poisons inside me Why cant I just make it end? Im tired of feeling this way  
Why cant it just let me be? Im tired of feeling this way  
Why cant I just have a break? Im tired of feeling this way  
Why cant it just go away? Im tired of feeling this Depression and anguish, the battle cant take this  
Depression is poison the damage is all done And I dont deserve this, oh no  
And I dont wanna feel this no  
And I dont deserve this, oh no  
And I dont wanna feel this no Digs into my heart, roots sprout through my brain  
Plants its ugly thoughts, growing wild again  
Shuts all systems off, locks me in a haze  
Traps in all the hate, depression And I dont have the strength to scream but here it comes again  
And I dont have the sense to cry but here it comes again  
And I dont have the will to fight but here it comes again  
And I dont have the choice to quit and here it comes Depression and anguish, the battle cant take this  
Depression is poison, the damage is all done  
Depression its got me, I fight it but why me?  
Depression and anguish, the poisons inside me

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