

# The Monster Is Loose

## Meat Loaf

I've lived my life in a cage  
Freedom spit in my face  
It was such a disgrace  
And I was lonely  
Burnt out and empty  
Desperate I had my head in a noose  
I had nothing to lose  
Had enough of abuse  
So now I'm dangerous  
Hate's so contagious  
It owns us I'm angry  
I'm raging  
I'm breaking through the pain The monster's loose  
And now you know the truth  
Tell me can you feel it  
As you hit the wall  
The monster's loose  
And now you have to choose  
And prove that you can take it  
To the top before you fall I've walked a slippery road  
With revenge in my soul Through the wind and the cold  
With no protection Just one direction  
Destruction I've paid for all my mistakes  
Taken all I can take  
Till I'm ready to break  
Life can be vicious  
It's so outrageous  
It breaks us I'm bleeding  
Still breathing  
I'm tearing through these chains The monster's loose  
And now you know the truth  
Tell me can you feel it  
As you hit the wall  
The monster's loose  
And now you have to choose  
And prove that you can take it  
To the top and never fall I've lived a thousand years in darkness  
Banished all alone  
Inside my mind with just my madness

Behind these walls of stone  
I was falling apart at the seams  
Holding my breath just to breathe  
Tasted the sting of my tears  
I was waking up stuck in a dream  
Ran out of air couldn't scream  
Wasted away by my fears The monster's loose  
And now you know the truth  
Tell me can you feel it  
As you hit the wall  
The monster's loose  
And now you have to choose  
And prove that you can take it  
To the top and never fall  
The monster's loose  
You've lost your last excuse  
Now show me that you've got it  
Even if you crawl  
The monster's loose  
This game is win or lose  
The time has come to do it  
And show the world you want it all Yeah, yeah, yeah, yeah, yeah

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