

Meditation (Wave Upon Wave)

[Arlo Guthrie](#)

words and music by Arlo Guthrie
Loving in golden temples, my love
Is flowing on heavenly seas
The silent commands and heard throughout the lands
And are weaving his patterns with ease
All of the beautiful mountains beyond
Can surely not tempt me to stay
Even my musical melody thoughts
Are memories in yesterday
Wave upon wave of life within me
Give me the strength to go on
Wave after wave of love all around me
Give me the time to catch on
Wave upon wave of life within me
Give me the strength to go on
Wave after wave of love all around me
Give me the time to catch on (repeat all)

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