## **Ebb and Flow**

## **The Disciples**

In the basement waiting for a statement
But station's frequency is vacant
Why don't we go outside
In the break room waiting for a big boom
Smoke haze rising in a big plume
Everyone's dissatisfiedThe pools have dried
The trial's been tried
But the leak's still spilling
They don't know what to do
The flow won't stop
Pressure still won't drop
Tanks are overfillingForward we crawl

Backwards we fall

Through the ebb and the flow

Living within a dream wading through the stream

Beyond the ebb and flowUp late to earn the proceeds

All stressed out, working until your eyes bleed

Overtime to buy things we don't needAlways on the go and you're thirty thirty

Gotta make the ends and get dirty dirty

Will it ever stop will it ever end, is it worthy? Reality of this is you go loco loco

And too much of this way and you'll go postal postal

Happens all the time just get in line and go comatoseThe moms and pops have all closed up shop

And who can blame them? I don't know anyone

The kids just hide scared to go outside

And just who can blame them? And at times it seems unreal

We can see but we can't feel

And no one's at the wheel

Born here all alone

Growing old with hearts of stone

The lights are on but no one's homeForward we crawlÂ

Backwards we fallÂ

Through the ebb and the flow

Living within a dream wading through the streamÂ

Beyond the ebb and flowAnd then just we have faith

Cross invaded to the ebb and flow

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