

# Sign of Life

[LeAnn Rimes](#)

What did I just say, well I, I can't remember  
The room is spinning and  
My heart is skipping beats  
'Cause I finally cut all the ties that were hanging on me  
It's a sign of life to be so confused  
You jump and it feels like you're falling  
You find the hope, the strength, the heart  
And just when you think, there's nothing left  
'Cause when it feels just like you're drowning  
That's when you fight for every breath  
You find the faith, the will, the words  
To break through the silence and the pain  
'Cause when it feels just like you're dyin'  
That's a sign of life  
Sooner or later, you come to the point  
Where you have to choose  
Who and what you want to be  
And I made a decision not so long ago to be happy  
It's a sign of life to be unafraid  
You jump and it feels like you're flying  
You find the hope, the strength, the heart  
And just when you think there's nothing left  
'Cause when it feels just like you're drowning  
That's when you fight for every breath  
You find the faith, the will, the words  
To break through the silence and the pain  
'Cause when it feels just like you're dyin'  
That's a sign of life  
Break down, shattered, my reflection is scattered  
Like ashes in the wind, I'll begin again  
You find the hope, the strength, the heart  
And just when you think there's nothing left  
'Cause when it feels just like you're drowning  
That's when you fight for every breath  
You find the faith, the will, the words  
To break through the silence and the pain  
'Cause when it feels just like you're dyin'  
That's a sign of life  
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