

In a Zone

Anthrax

Im standing on a ledge cold and naked
Will someone come and offer me their help?
Sometimes I forget my medication
Sometimes I forget to pray
Ill make it through this fuckin dayIm unconscious, drunk and blinded
Count to ten and then I unwind it
Im unconscious, drunk and blinded
Take a deep breath and then I unwind itIm wearing out my skin Im under pressure
Pressure makes me burn it makes me ache
Sometimes I want to burn the things that make me
Sometimes I stop myself too late
Its written all across my faceIm unconscious, drunk and blinded
Count to ten and then I unwind it
Im unconscious, drunk and blinded
Take a deep breath and then I unwind itWired, wired, Im in a zone
Im in a zone, Im a zone
This is how I liveI never have to justify my actions
Scathing rhetoric my saving grace
Sometimes I really think that its too noisy
Sometimes I have to hit myself
Words can kill as well as helpIm unconscious, drunk and blinded
Count to ten and then I unwind it
Im unconscious, drunk and blinded
Take a deep breath and then I unwind itWired, wired, Im in a zone
Im in a zone, Im in a zone
This is how I liveYou cant touch me, ever
Fear burns at my touchStanding on a ledge, will you come and help?
Will you burn yourself? Would you help me then?
Fear burns at my touch, in its wake
An ugly jagged scar across your faceIm unconscious, Im unconscious
Im unconscious, Im unconscious
Count to ten, Im unconscious
Take a deep breath and then I unwind itWired, wired, Im in a zone
Im in a zone, Im in a zone
This is how I liveI live, how I live, how I live, how I live
Im in a zone, Im in a zone, Im in a zone
This is how I live

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