

Mental Stamina

Jeru the Damaja

Yo Afu

(Yo whassup?)

Yo yo, c'mere c'mere

Yo let's freak that rhyme we was freakin' the other night

(Yo, I'm wit it yo just set it off)I'm sayin' though, after this, it's no turnin' back 'Fu

(Aiyyo just set it off man)

Pugilistic linguistics, check out the mystics, we're fantastic

You mean fantastic fuck it, you'll get your ass kickedChallenge my verbal gymnastics

Vanacrobaties

Vocabulary calisthenics

Can't understand the mathematics are esotericWatch the style but also peep the lyrics, my lightning, my thunder

Way back I stomped out Hercules

But now I stomp out MC's

Can't chill, because the Sun don't freeze

Heavy metal, hard like titanium

Alchemist, I turn wax into platinumInfluential, scientific power

My mental violence will shower

Devour at a crazy rate, I speed into your circuits

And incorporatin' data banksStamina, in the brain is how I slay it

I enforce my boss and I always must obey it

Endorsing a central rhyme of remedies

Against any man at arms that can get with theeEternal, internal, alchemist, I spill

Logic and science ever since

Throwing cerebral blows without my fist

Poisonous, Taoist

Don't mess with toys in this racket

Terrorists don't proceed to hi-jack itIt's too perverted, you heard it

So now you get murdered

Test the sound system, it throws off your equilibrium

Deep concentration can't fracture the meditationCompetition is flipped on at random

Deviant monks attack the mic is mental pandemonium

And then some, you go for your hand gun

Psycho kinetic forces proceed to smash in your cerebellumPhonetian with more stamina than a Christian

My mind, C3 H5 N3 O9 like Nitroglycerin

I bust as Afu Ra crush

Class with us and meet CerebusReady, ridiculous rabbitry, as I commence

I whirlwind through cities

Breaking down substances, combining matter

Test my hand skills and back bones splatterRough and tough although the mental will stomp ya

Pugilism electrocute like Blanka
Collaborate, all my words into verses
I instill the will without even curses
Slurs, escapade off the beat
Totally complete with the unique physique
Microcosmic warrior, indeed I'll destroy ya
And this mic, I'm taking over

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