

# All Within My Hands

[Metallica {St. Anger \[Frantic\] 2003}](#)

All within my hands  
All within my hands  
Squeeze it in, crush it down  
All within my hands  
Hold it dear, hold it suffocate  
All within my hands  
Love to death  
Smack you 'round and 'round  
And all within my hands, beware  
Love is control  
I'll die if I let go  
Love is control  
I'll die if I let go  
Hate me now  
(Kill all within my hands)  
Hate me now  
(Crush all within my hands)  
Ooh, squeeze all within my hands  
Choke all within my hands  
Hate me now  
(Trap all within my hands)  
Wake up and hate me now  
(Kill all within my hands again)  
All within my hands  
Take your fear, pump me up  
All within my hands  
Let you run, then I pull your leash  
All within my hands  
All within my hands  
Under thumb, under to myself  
All within my hands  
Beware  
Love is control  
I'll die if I let go  
Love is control  
I'll die if I let go  
Let it go  
Hate me now  
(Kill all within my hands)

Hate me now  
(Crush all within my hands)  
Ooh, squeeze all within my hands  
Ooh, choke within my hands  
Hate me now  
(Trap all within my hands)  
Wake up and hate me now  
(Ooh, kill all within my hands again, yeah)  
I'll die if I let go  
Control is love, love is control  
I'll fall if I let go  
Control is love, love is control  
I will only let you breathe my air that you receive  
Then we'll see if I let you love me  
I will only let you breathe my air that you receive  
Then we'll see if I let you love me  
Love is control  
Hate me now  
(Kill all within my hands)  
Hate me now  
(Crush all within my hands again, yeah, yeah)  
Choke all within my hands  
Squeeze all within my hands  
Hate me now  
(Trap all within my hands)  
Wake up and hate me now  
(Ooh, kill all within my hands again, yeah)  
Kill, kill, kill, kill, kill  
Kill, kill, kill, kill, kill  
Kill, kill, kill, kill, kill

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