

Head On

Man Man

there's a knock at your door
you don't even recognize the stranger
it's you from before trying to warn you
all about the dangers
there's a hole in your head
at least that's what everybody's guessing
it's why you're always misread
it's why you sleep
but never feel rested
you never get your rest in
hold on to your heart
hold it high above flood waters
hold onto your heart
never let nobody drag it under
hold onto your heart
even when your body's bitter
hold onto your heart
never let nobody take it over
ever take it over
ever take it over from you
there's a call on your phone
you don't even recognize the number
it's an old episode of trying to put
the lightening on the monster
of the life you have led
that is always a mess
are you dreaming of death
are there ghosts in your chest
are you always so restless
yes you are
is that hard
hold on to your heart
hold it high above flood waters
hold onto your heart
never let nobody drag it under
hold onto your heart
even when your body's bitter
hold onto your heart
never let nobody take it over

ever take it over
ever take it over from you
is it all a game
of bait & switch your rains
& follow your leaders to hell
is it all the same vein of insane
as drinking from a poison well
& I need new skin
for this old skeleton of mine
'cause this one that I'm in
has let me down once again over time
& I need new skin
for this old skeleton of mine
'cause this one that i'm in
has let me down once again over time
hold on to your heart
hold it high above flood waters
hold onto your heart
never let nobody drag it under
hold onto your heat
even when the whole world's bitter
hold on to your heart
never let nobody take it over
ever take it over
ever take it over
ever take it over
ever take it over
ever take it over
ever take it over from you

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