Building My Body

Don Mclean

I'm building my body
I'm happy when I'm building my body
I'm tired of fighting, let's make friends
I'm tired of burning both ends
That's why I'm building my body
It hurts me but I'm building my body
And I know what the pain is worth
I know I feel the pain of birth
I'm pushin' up
And gettin' down with my body
There's no-one else around with my body
One look says I'm a stone disgrace
Don't kick no sand in my face

Because I'm building my body strong
I'm watching what I eat
And I'm sorting out right from wrong
Hey, not a lot of meat
And I know that it won't be long
Before I gotta quit smoking

Because I'm building my body
I'm peaceful when I'm building my body
I'm sweating out mistakes I've made
I'm getting back the dues I've paid
I'm doing more
And getting sore with my body
But I'm gaining a rapport with my body
And this seems like the perfect time
They say I'm in my prime

That's why I'm building my body strong
I'm thinking at the table
And I'm sorting out right from wrong
I'm reading every label
And I know that it won't be long
Before I gotta quit smoking

'Cause I'm building my body
There's someone else inside of my body

He's waiting to be born again

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