

Ain't No Stopping Us Now

McFadden & Whitehead

Now, are you all ready?
Are y'all ready?
Now we gonna do it with the fever
Yeah, Come onAin't no stoppin' us now
We're on the move (yeah-ee-a, yeah-ee-a)
Ain't no stoppin' us now
We've got the groove
Spice Girls, check it outThere've been so many things that have held us down
But now it looks like things are finally comin' around, yeah
I know we've got a long long way to go, yeah
And where we'll end up
I don't know
But we won't let nothing hold us back
We gonna get ourselves together
We gonna polish up our act, yeah
And if you've ever been held down before
I know that you refuse to be held down any more, yeah yeah
Don't you let nothing, nothing
Nothing stand in your way
And all we gonna do
I want you to listen, listen (That's right)
To every word I say
Every word I say about itAin't no stoppin' us now
We're on the move
(You said it, we've got the groove)
Ain't no stoppin' us now
We've got the groove (Whoo-hoo-oo-oo Whoo-hoo-oo)
Ain't no stoppin' us now
We're on the move
(We've got the groove)
Ain't no stoppin' us now
We've got the groove (Yeah)Look, Lemme tell you this
I know you know someone who's got a negative vibe (Euhh)
And if you only help it will only keep it alive (Sh-yeah)
They really don't have nowhere to go
Ask 'em where they're going
They don't know
But we won't let nothing hold us back
We gonna get ourselves together, come on

We gonna polish up our act, yeah
 And if you've ever been held down before
I know that you refuse to be held down any more, Oh oh ohDon't you let nothing, nothing
 (I won't do it) Stand in your way (No no)
 And all we gonna do
 I want you to listen, listen
 To every word I say
Every word I say about itAin't no stoppin' us now (That's right)
 We're on the move
 (Nothing gonna, nothing gonna)
 (Stop us now, stop us now)
 Ain't no stoppin' us now, Come on
We've got the groove (Whoo-oo-oo yeah yeah)
 Ain't no stoppin' us now (No no no)
 We're on the move
 (On the move, yeah-ee-a, yeah-ee-a)
 Ain't no stoppin' us now
We've got the groove (Yeah)Now, let's see it
 Don't wanna stop
 Please don't make me stop (I don't wanna)
 Don't wanna stop
 Please don't make me stop (No-oh No-oh)
 Don't wanna stop
 Please don't make me stop (I don't want to)
 Don't wanna stop
 Please don't make me stop
(Uh, y'all spell it out for me)S-T-O-P-P-I-N
 Ain't no (Doo-oo, Yeah-heh-a)
S-T-O-P- (to the) P- (to the) I-N (You got it)
 Ain't no (Ain't no, no-no)
 S-T-O-P-P-I-N (Go ahead)
 Ain't no (Ain't no, no-oh-no, no-oh-no)
 S-T-O-P- (to the) P- (to the) I-N (Come on)
Ain't no (No, yeah-ee-a, yeah-ee-a)Ain't no stoppin' us now
 We're on the move
 Don't wanna stop, please don't make me stop (Yeah yeah)
 Ain't no stoppin' us now (Yeah)
 We've got the groove
 Don't wanna stop, please don't make me stop
(Whoo-oo, Come around with me)Ain't no stoppin' us now
 We're on the move