

# Iowa

## Josh Tarp and the Still

I was born just west of the river  
Mississippi mud running in my veins  
On the road is where I found freedom  
In hotel rooms is where I found my peace  
I've spent my whole life running  
From IowaIt's gonna be  
It's gonna be  
It's gonna be a long way home  
It's gonna take  
It's gonna take  
It's gonna take my heart and soul  
My heart and soulWe started out before I started school  
Mom and dad said,  
"we're headed south, we're gonna move"  
I hung on, for a year or two after  
But I forgot, that house on Trail Ridge Road  
I've spent my whole life running  
From IowaIt's gonna be  
It's gonna be  
It's gonna be a long way home  
It's gonna take  
It's gonna take  
It's gonna take my heart and soul  
My heart and soulI only see her now, in memory  
Or in the night on a long drive through  
Some day I'll pull off the road  
Somewhere near East Des Moines  
And I'll find that little church  
Where my family filled the pews  
I've spent my whole life running  
From IowaIt's gonna be  
It's gonna be  
It's gonna be a long way home  
It's gonna take  
It's gonna take  
It's gonna take my heart and soul  
My heart and soulIt's gonna be  
It's gonna be  
It's gonna be a long way home

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My heart and soul

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