Slow Down

Hoobastank

Sometimes I forget to breathe
Life can be overwhelming
Always pushing and pulling on me
Away from what really matters
And I keep forgetting to remind myself
I keep forgetting to remind myself
I keep forgetting to remind myself
Slow down
No one ever said this journey was a race
What?s the hurry?
Slow down
I?ll go anywhere I want at my own pace
Without a worry
I?ve gotta slow down
It?s never easy letting go
When the feeling is so familar
Of always being in control
Maybe it?s an illusion
Slow down

No one ever said this journey was a race
What?s the hurry?
Slow down
I?ll go anywhere I want at my own pace
Without a worry
Slow Down
Let go now
Slow Down
Slow Down
Let go now
Slow Down
I hope that it?s not too late
Cause everything?s all a blur
On and on
On and on
I hope that it?s not too late
Cause everything?s all a blur
On and on
On and on

I keep forgetting to remind myself

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